

ALCOHOL & SUBSTANCE ABUSE PROGRAMS

ALCOHOL AND SUBSTANCE ABUSE INFORMATION

You have a right to advice and counseling on drug and alcohol abuse without parental consent. Certain kinds of treatment require parental consent.

In New York State it is illegal for persons under 21 to either purchase alcoholic beverages or possess them. Even if you are over 21, it is illegal to have in your possession in a public place an open container of alcoholic beverages. (This includes, in most areas, motor vehicles.)

The Court may suspend a person's license for 90 days if the license is altered to attempt to purchase alcohol.

Everyone is exposed to the temptation to try alcohol or other drugs. Some people experiment for curiosity, kicks, boredom, peer pressure or to escape problems in their lives. Alcohol and other drugs can gradually begin to take control of your daily life. Physical or mental dependence can sneak up on you! It is important to talk to your parents or someone else you trust if you or someone you know is facing an alcohol or drug problem.

You can't be sure how you and your body will react to using alcohol or other drugs. It will depend on what you use and how much. Permanent damage can happen at any point...even with the first use of some drugs.

It is important for young people to know the risks. When used in large amounts, over a long period of time, or in the wrong combinations, alcohol and other drugs can kill. The dangers of experimentation are:

Overdose
Physical Illness
Accidents

Addiction
Death
Mental Impairment

Sometimes using other drugs or alcohol seems like a good idea. There may be situations that you face at home or with your friends that make you feel bad, or that you want to make go away, or you just want to fit in. You may think that using alcohol or drugs will "make it better." You have a choice about using alcohol or other drugs. Sometimes, it may be necessary to make a choice for yourself that is different from the choices other make.

You - not others - are in charge of your choices.

Growing up in a family where a parent has an alcohol and/or other drug problem is one of the major family problems in our country today.

It may be difficult to get along with your parent who has the drug problem because s/he is not really able to think straight. Being under the influence of drugs may make him/her unfair, yell a lot, be unable to show love, and be neglectful of you or embarrass you in front of friends. Even if your parent makes decisions when not under the influence of alcohol and other drugs, his/her thinking is still affected by the many times s/he has used alcohol and other drugs.

In families where parent is drugged up you may have been told, or just know without being told, that the rule is "It is not OK to talk about what is going on in the family; not with other family members and not with outsiders.

This rule prevents you from getting the help you need with your painful feelings. It also keeps the family from having the chance to get help. You are not responsible for your parent(s)' drug problems, and you cannot prevent or stop their drug use. You can take responsibility to get the help you need to understand and deal with this situation. If you think that you or someone you care about may have an alcohol or other drug problem, it is important to get information about how to help yourself. Talk to someone who will listen to you - a parent, school counselor, religious leader, or family doctor.

If a friend (or you) show signs of having a problem with drinking or drugs, do not ignore it. Talk to someone that you trust like your parents, clergy, guidance counselor, teacher or an adult friend. Encourage your friend (or yourself) to get the effective help that is now available.

ADOLESCENT MENTAL HEALTH (WCA Hospital)

- Address: 51 Glasgow Avenue
- Jamestown NY 14701
- **Telephone:** 716-664-8645

Inpatient and outpatient mental health/substance abuse program. Medically supervised, must have an MD referral.

ALATEEN

- **Phone:**366-4623
- **Phone:**664-3608

An informal group of children of alcoholics who find, by sharing experiences at meetings, they are not alone. Call for a schedule of meeting times and locations throughout the county.

ALCOHOLICS ANONYMOUS (AA)

- **Phone:**366-4623

- **Phone:**664-3608

If you or a member of your family have an alcohol problem, call to find out times and locations for meetings throughout the county.

ALCOHOLISM REHABILITATION SERVICES (WCA HOSPITAL)

Jamestown

51 Glasgow Avenue
Jamestown NY 14701
Phone: (716) 664-8620

Dunkirk (Outpatient only)

338 Central Avenue
Dunkirk, NY 14048
Phone: (716) 363-0018

Inpatient alcoholism rehabilitation; outpatient alcoholism evaluation service and counseling; intensive family focus. Alcohol information line is available 24 hours a day.

ANONYMOUS TIP HOTLINE

Toll Free Hotline:

- 1-800-448-3847

This is for people to call to give tips about other people who are dealing with drugs or guns. They will ask you questions as they fill out a form with your information. This is purely a clearing house for information and has no means of finding out whether or not the police follow through on your tip.

CHAUTAUQUA ALCOHOLISM & SUBSTANCE ABUSE COUNCIL

Jamestown

405 Fenton Building, 2-6 East Second Street, Suite 405
Jamestown NY 14701
Phone: (716) 664-3608

Dunkirk

314 Central Avenue
Dunkirk, NY 14048
Phone: (716) 366-4623

CASAC WEBSITE

Chautauqua Alcoholism & Substance Abuse Council (CASAC) provides alcohol, substance abuse and problem gambling prevention education, intervention and referral services county-wide. CASAC offers presentations and training events on a variety of issues important to and about youth.

CASAC, a United Way agency, is funded through the New York State Office of Alcoholism and Substance Abuse Services, grants and private donations.

See our website for a training calendar, links to self-help meetings, anonymous and confidential response to gambling problems.

- **Information & Referral:** - Individuals or family members concerned about alcohol, substance use or problem gambling can learn about the issues and how to help themselves or others. Three to five free sessions cover the addiction process, self-help groups, and other information needed to make decisions on help. Referrals can be made if treatment is needed.

Information & Referral can help youth learn more about the issues if they think they might have a problem or for a friend or family member.

Information & Referral services are strictly confidential.

- **Family Intervention:** - CASAC staff received certification from the Johnson Institute as Family Interventionists to help families develop an intervention plan. Family members and friends work as a team to learn how to confront the individual in a caring manner to help address the problems and encourage the person to attend an assessment and possible treatment. Fee.

Family Intervention services are strictly confidential.

- **School-based services:** - CASAC offers a variety of research-based, SAMHSA approved curriculum targeting grades K – 12 with prevention education and intervention education. Programs are 4 – 18 classroom sessions.
- **Adolescent Problem Gambling Prevention:** - CASAC offers 2 school-based sessions for middle and high school students as well as introduction to Gamblers Anonymous (GA).
- **Awareness Theater:** - a student volunteer troupe trained in improvisational theater to provide interactive programs on issues important to youth.

[CHAUTAUQUA COUNTY CHEMICAL DEPENDENCY CLINIC](#)

Evaluations, assessment, treatment for alcohol/substance abuse and dependence. Family therapy available for significant others. Specialized Youth Treatment Program.

Jamestown:

73 Forest Avenue

Jamestown NY 14701

Phone: (716) 483-6996

Dunkirk:

319 Central Avenue

Dunkirk, NY 14048

Phone: (716) 363-3550

[COUNTY CHEMICAL DEPENDENCY CLINIC WEB PAGE](#)

Provides evaluations for individuals with diagnosis of chemical abuse or dependence. Individual, group and family treatment available. Special youth programming and psychiatric evaluations available. Special programming for individuals diagnosed with co-occurring illness. Hours Monday - Thursday 8AM - 8PM. 8AM - 5PM Fridays. Ages 12 and up. Parental permission required for treatment. Insurance, Medicaid, and sliding scale fee.

[CHAUTAUQUA COUNTY CHEMICAL DEPENDENCY SERVICES](#)

- 200 East Third Street, 5th Floor
- Jamestown, NY 14701
- **Phone:**(716) 661-8374

[COUNTY CHEMICAL DEPENDENCY SERVICES WEB PAGE](#)

Evaluations and assessments for individuals with the diagnosis of alcohol/substance abuse and dependence, group therapy for family, consultation, after-care programming referrals, and individual and youth groups. Physician is available. Ages 11-18. Hours: Monday - Thursday 8AM - 8PM, Friday 8AM - 5PM. Fees: Sliding Scale.

[CHAUTAUQUA COUNTY TOBACCO CONTROL COALITION](#)

- 7 North Erie Street
- Mayville, NY 14757
- **Phone:**(716) 753-4944

Provides tobacco education and cessation services, free of charge, to Chautauqua County residents. Works under the direction of the Chautauqua County Health Department and the NY State Department of Health. Cessation education and materials are available for adults and youth who want help in quitting smoking.

[DRUG HELP LINE](#)

Toll free

- 1-800-522-5353

Give this number to friends who are ready to quit cocaine or other drugs. Information on rehabilitation will be made available to you, as well as phone numbers of local rehabilitation centers.

This Service Deals with Any Kind of Drug

[OUTPATIENT ALCOHOLISM PROGRAM \(WCA HOSPITAL\)](#)

Jamestown:

Jones Hill, Foote Avenue

Jamestown NY 14701

Phone: (716) 664-8641

Dunkirk:

338 Central Avenue

Dunkirk, NY 14048

Phone: (716) 363-0018

Individualized treatment for alcohol and drug addiction. Specific group for adolescents. Hours Monday - Friday 9AM - 5PM, Fees vary, age group 12-18.

TRI-COUNTY CHEMICAL DEPENDENCY PROGRAMS

- 33 North Main Street
- Cassadaga NY 14718
- **Phone:** (716)595-3355
- Mailing Address: PO Box 432
- Cassadaga, NY 14718

Adolescent and family services for youth ages 13-17. Assessments, group, family & individual counseling. Work on thinking patterns through REBT (Rational Emotive Behavior Therapy). Provides education regarding substance abuse including individual counseling and group therapy. Hours are Monday - Friday 9AM - 5PM. Clinets must have insurance.